



COLUMBIA YACHT CLUB

S A I L I N G S C H O O L



2010 Junior Program Spring/Fall Registration Form

Sailor Information

Name _____

Age _____ DOB _____ School Attended _____

Address _____ City _____ State ____ Zip _____

Home Phone _____ Cell Phone _____

Parent(s) Email _____ Sailor Email _____

Contact Information

Parent/Guardian Contact

Parent/Guardian Phone Number(s)

Emergency Contact/Relationship

Emergency Contact Phone Number(s)

Class Information

Please select class level AND session:

Fall: **High School** **Optimist Team** **Junior**

Spring: **High School** **Optimist Team** **Junior**



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If you **DO NOT** wish to have pictures taken of your child sailing/participating in the Columbia Sailing School please sign below the line below.

Any picture can be used for program promotion; but are generally taken for the parents, family and the kids themselves to have a record of their experience.

Payment Information

ColYC Member # _____

Non-Member

Check/Money Order

Credit Card

American Express

MasterCard

Visa

Credit Card Number

Exp. Date

Signature

Date

Total Amount Paid \$ _____



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Personal Health And Medical Form

Name		Date of Birth		Age		Sex	<input type="checkbox"/> Male
						<input type="checkbox"/> Female	
Parent/Guardian				Phone			
Home Address			City		State	ZIP	
Busiess Address			City		State	ZIP	

If the person named above is not available in the event of any emergency, notify:

Name		Relationship		Phone	
Name		Relationship		Phone	
Name of Personal Physician				Phone	
Health/Accident Insurance Carrier			Policy No.		

In the case of emergency, I understand every effort will be made to contact me. In the event, I cannot be reached, I hereby give my permission to the physician selected to secure the proper medical treatment which may include hospitalization, anesthesia, surgery or injection of medication for my son/daughter.

Date		Signature of Parent/Guardian	
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Medical information past or present (please check):

Asthma	yes[] no[]	Heart disease	yes[] no[]	Leukemia	yes[] no[]
Allergies	yes[] no[]	High blood pressure	yes[] no[]	Cancer	yes[] no[]
Convulsions	yes[] no[]	Diabetes	yes[] no[]	Hemophilia	yes[] no[]

Allergies:

Food	yes[] no[]	Plants	yes[] no[]
Medicines	yes[] no[]	Insect bites	yes[] no[]

Explain any YES answers and give all information needed to provide as safe and as full participation as possible.

Any special equipment such as orthopedic or handicap devices, glasses or contacts, dentures? yes[] no[]

What?

Date of Last Tetanus Shot:	
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Emergency Treatment Authorization



I (we) the undersigned parent, parents, or legal guardian of _____, a minor do hereby authorize and consent to any x-ray examination, anesthetic, medical or surgical treatment rendered under the general or special supervision of any member of the medical staff licensed under the provisions of the Medicine Practice Act or a dentist licensed under the provisions of the Dental Practice Act and on the staff of any acute general hospital holding a current license to operate a hospital from the State Department of Public Health. It is understood that this authorization is given in advance of any specific diagnosis, treatment of hospital care being required and is given to provide authority and power to render care which the aforementioned physician in the exercise of his best judgment may deem advisable. It is understood that effort shall be made to contact the undersigned prior to rendering treatment to the patient but that any of the above treatment will not be withheld if the undersigned cannot be reached.

Child's Name (printed): _____

Parent(s) Name(s) (printed): _____

Phone Numbers: (Work): _____ (Home): _____

Parent/Guardian Signature: _____ Date: _____

Health Insurance Carrier: _____

Insurance ID Number: _____



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Liability Release Waiver

The undersigned Participant recognizes that an element of risk is involved in all water sports, including sailing. Therefore, to induce the Columbia Yacht Club to accept his/her enrollment into the Sailing Program, the undersigned Participant covenants and agrees to save, hold harmless and indemnify Columbia Yacht Club, its officers, directors, members, employees and agents, from any and all claims, losses, damages, fees and liability growing out of or in any manner related to injury to any person or damage to any property arising out of or in anywise connected with the operation of the Sailing Program or any activities on or the use of any facilities or equipment of Columbia Yacht Club.

Participant (please print): _____

Signature: _____ Date: _____

Signature of Guardian (if under 18): _____



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S A I L I N G S C H O O L



Equipment Required

- Lifejacket** If you have your own, bring it. The club owns about thirty that can be borrowed on a first come, first served basis.
- Wetsuit** This should be a full arm and leg suit, no thinner than 3mm on the body and 2mm on the arms.
- Jacket** Preferably a spray top but can be any waterproof jacket that allows you mobility and will not get caught on anything.
- Pants** Preferably sailing bibs but any rain pants or waterproof pants will work. Keep in mind that you will spend a good deal of time in a crouched position so make sure they fit appropriately otherwise they will tear.
- Gloves** These will make or break your cold weather sailing experience. I highly recommend a full-fingered, neoprene sailing glove, at the very least, a three-quarters sailing glove. You will also want to pick up a cheap set of rubber dishwashing gloves. These work great underneath the sailing glove to keep your fingers dry and retain some heat.

Equipment Recommended

- Drysuit** This costs around \$400 so I don't require it but it would eliminate the need for the wetsuit, pants and jacket. Also, some championship regattas will require the sailor to have on a dry suit. Dry suit's if taken care of are onetime purchases and can be found online used as well.
- Boots** Rubber dinghy boots are the best option since they keep all water out. Neoprene boots also work but your feet will get wet. I do not require boots because there are ways around it. For example waterproof socks (which you can get at an REI-type store) underneath gym shoes are fine. Or an even more affordable option is to put plastic bags around your socks before you put your shoes on. It looks goofy but sailing in 40 degree water is as far from a glamour sport as you can get.
- Hat** I like ones with ear flaps.
- Sunglasses** Polarized lenses are great on the water.



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S A I L I N G S C H O O L



Where to find this stuff:

West Marine

627 W. North Ave
Chicago, IL
312.654.1818

Hedlund

515 Green Bay Rd
Wilmette, IL
847.251.1505

Erehwon

1000 W. North Ave
Chicago, IL

Crowley's

3434 E 95th Street
Chicago, Illinois 60617.
773.221.9990

All stores have spring/fall sales so you should be able to get a discount on equipment. West Marine, Hedlund, and Crowley's all participate at the Chicago Boat Show where they give large discounts. Crowley's and Hedlund also have deals for high school teams in place throughout the year.